

UPCE International Staff Week 2025

# International Offices: The Beating Heart of Internationalisation Efforts

Join us for a lively Staff Mobility Week to discover the vital role of international offices.



**2-6 June 2025**

**REGISTRATION FORM**



**CONTACT**

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**VENUE**

**UNIVERSITY OF PARDUBICE**  
Studentská 95, 532 10 Pardubice  
Czech Republic

Engage in discussions about staff responsibilities, learn innovative strategies to enhance your work and enjoy sessions on mindfulness and relaxation techniques to prevent work stress and promote well-being.



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## PRELIMINARY PROGRAMME



### Monday 2 June

1 PM Welcome meet and greet  
Getting to know each other: Presentations of universities I  
Campus tour

### Tuesday 3 June

Getting to know each other: Presentations of universities II  
Workshop I: The art of relaxation  
Pardubice tour + evening networking event

### Wednesday 4 June

Workshop II: Mindfulness in practice  
Sharing good practice of International Offices

### Thursday 5 June

Sightseeing trip

### Friday 6 June

International office farewell  
Individual meetings at faculties

