



## ACTIVITIES PROGRAMME

### FEBRUARY 19TH - MONDAY

#### **Morning: Polytechnic University of Leiria Headquarters**

*Address: Serviços Centrais - Rua General Norton de Matos (Leiria)*

**10:30 - 11:30** | Registration of Participants (International Office)

**11:30 - 12:30** | Welcome Session with Polytechnic University of Leiria Authorities

**12:30 - 14:30** | Welcome Lunch

#### **Afternoon: Campus 1 – Polytechnic University of Leiria**

*Address: Polytechnic University of Leiria Headquarters – Serviços Centrais - Rua General Norton de Matos (Leiria)*

**15:00 - 16:30** | WORKSHOP “UBUNTU SESSION”

Certificated team

### FEBRUARY 20TH - TUESDAY

#### **Morning: Polytechnic University of Leiria Headquarters**

*Address: Serviços Centrais - Rua General Norton de Matos (Leiria)*

**09:30 - 12:00** | WORKSHOP “EMPOWERING COMMUNITIES IN DISRUPTIVE TIMES: HOW TO DECODE MENTAL HEALTH?”

Serviços Centrais - Rua General Norton de Matos (Leiria)

Speaker: Prof. José Carlos Gomes

*Department of Nursing Sciences*

**Afternoon: Free time for city walking visits**

Visit suggestions: Leiria Castle, Leiria “Old Town”, walking on the Polis route following the Lis River, Leiria Museum (+Info: <https://www.visiteleiria.pt/en/home/>)

**FEBRUARY 21ST - WEDNESDAY**

**Morning: Polytechnic University of Leiria Headquarters**

*Address: Serviços Centrais - Rua General Norton de Matos (Leiria)*

**09:30 - 12:00 | WORKSHOP “LEGO SERIOUS PLAY (MANAGEMENT)**

**ESECS- School of Education and Social Sciences**

Speaker: Professor William Afonso Cantú

*Department of Human Motricity and Artistic Languages*

**Afternoon: Cultural Visit – Leiria Region Tour**

**14:00 - 18:00 |** Visit to Batalha Monastery (UNESCO World Heritage) and Beach of Nazaré (famous seaside town)

**FEBRUARY 22ND - THURSDAY**

**Morning: Polytechnic University of Leiria Headquarters**

*Address: Serviços Centrais - Rua General Norton de Matos (Leiria)*

**09:30 - 12:00 |** WORKSHOP “CYBER RESILIENCE IN THE ERA OF DIGITAL TRANSFORMATION”

*Serviços Centrais - Rua General Norton de Matos (Leiria)*

Speaker: Professor Mário João Gonçalves Antunes

*Department of Computer Engineering*

**Afternoon: Free time for city walking visits**

Visit suggestions: Leiria Castle, Leiria “Old Town”, walking on the Polis route following the Lis River, Leiria Museum (+Info: <https://www.visiteleiria.pt/en/home/>)

**Night: Farwell Dinner**

**20:30 - 22:30 | INSTITUTIONAL DINNER WITH PORTUGUESE TYPICAL SPECIALITIES**

**FEBRUARY 23RD - FRIDAY**

**09:30 - 12:30 |** Free time for Bilateral Meetings / Networking Activities